

**Claims:**

1. A disposable absorbent article having a chassis comprising two portions which together define a generally T-shaped configuration when said chassis is viewed in stretched position; a first portion having opposed lateral segments adapted to be wrapped around the waist of a wearer of said article, a second portion having a distal end and a proximal end disposed generally vertically relative to said first portion and adapted to be passed under the crotch of the wearer and folded upwardly and over said overlapped portions;

one male fastening means on one of said lateral segments, and at least one female fastening means on said other lateral segment, such that when said lateral segments overlap each other said male fastening means engages said female fastening means;

a pair of opposed spaced apart male fastening means at the distal end of said second portion, and a pair of spaced apart opposed female fastening means at said first portion such that when said lateral segments are wrapped around the waist of a wearer and said second portion is folded over said segments, each of said pair of male fastening means engage a correspondingly aligned one of said pair of female fastening means,

wherein said absorbent article has a relaxed width (B) between about 20 to about 100 percent of the width of said absorbent article when fully stretched.

2. An absorbent article as in claim 1 wherein said second portion has a top surface and a rear surface and wherein said fastening means at the distal end of said second portion are located on the top surface thereof.

3. An absorbent article as in claim 1 or 2 wherein each of said lateral segments comprises at least one landing zone made of a material that is permeable to moisture, vapor and oxygen.

4. An absorbent article as in claim 1 or 2 wherein each of said lateral segments comprises a perforated landing zone.

5. An absorbent article as in claim 3 or 4 wherein the length of each of said landing zones is equal to or less than the length of the respective lateral segment on which said landing zone is located.

6. An absorbent article as in claim 3 or 4 wherein the width of one of said landing zones is equal to or greater than the width of the other landing zone.

7. An absorbent article as in claim 3 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left and right segments have widths at least about 1 inch and lengths of at least 1 inch.

8. An absorbent article as in claim 4 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left segment has width of from about 8 to about 15 inches and a length of about 1 to about 7 inches, and wherein the landing zone on said right segment has a width of from about 10 to about 20 inches and a length of from about 1 to about 7 inches.

9. An absorbent article as in claim 7 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

10. An absorbent article as in claim 8 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

11. An elastic absorbent article as in claim 3 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

12. An elastic absorbent article as in claim 4 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

13. An elastic absorbent article as in claim 11 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waistband is about 0 to about 3 inches.

14. An elastic absorbent article as in claim 12 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waist band is about 0 to about 3 inches.

15. An absorbent article as in claim 1 wherein each of said male tape tabs is provided with at least one numerical indicia, with tape tab on one of the lateral segments being provided with the numeral 1, and the tape tabs on the insert being provided with the numerals 2 and 3, thereby defining the order of wearing the article.

16. An absorbent article as in claim 2 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

17. An absorbent article as in claim 3 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

18. An absorbent article as in claim 4 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

19. An absorbent article as in claim 5 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

20. An absorbent article as in claim 6 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

21. An absorbent article as in claim 7 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

22. An absorbent article as in claim 8 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

23. An absorbent article as in claim 9 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

24. An absorbent article as in claim 10 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

25. An absorbent article as in claim 11 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

26. An absorbent article as in claim 12 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

27. An absorbent article as in claim 13 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

28. An absorbent article as in claim 14 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

29. An absorbent article as in claims 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27 or 28 wherein each of said landing zones comprises a visible indicator zone in the general form of a band of about 1 to about 7 inches in length generally centrally disposed on said landing zone such that each of said male tape tabs can be adhered to said band in the numerical order designated on each of said tabs for the order of wearing said article.

30. An absorbent article as in claim 29 wherein said visible indicator zone contains a pigment.

31. An absorbent article as in claim 30 wherein said pigment is photo, infrared or ultraviolet light sensitive.

32. An absorbent article as in claim 1 wherein said second portion is generally contoured and comprises a coversheet, a backsheet and an absorbent core layer disposed between said coversheet and said backsheet, wherein said second portion has a front width A' of from about 16 to about 25 inches, and said absorbent core layer having a length E of from about 20 to about 40 inches and contains up to about 60 percent by weight superabsorbent polymer (SAP) and up to 40 percent by weight hydrophilic fibers.

33. An absorbent article as in claim 1 wherein the front width A' of said second portion is about equal to or less than the width A" of the back width.

34. An absorbent article as in claim 1 wherein the width A' of said second portion is about equal or greater than 15 inches.

35. An absorbent article as in claim 1 wherein the length A of said second portion is about equal to or less than the overall width B of said chassis.

36. An absorbent article as in claim 1 wherein each of the lateral segments of said first portion is from about 2 to about 15 inches long and from about 10 to about 30 inches wide.

37. An absorbent article as in claim 1 further comprising waist cuffs and sides barrier cuff.

38. An absorbent article as in claim 1 wherein the width A' of said insert is from about 20 to about 100 percent of said width when fully stretched.

39. An absorbent article as in claim 1 wherein the relaxed width A of said second portion is from about 10 to about 100 percent of said width when fully stretched.

40. An elasticated absorbent article having a chassis comprising two portions which together define a generally T-shaped configuration when said chassis is viewed in stretched position; a first portion having a female surface, and a second portion disposed generally vertically relative to said first portion and adapted to be passed under the crotch of the wearer and folded upwardly and over said first portion.

said first portion having opposed lateral segments adapted to be wrapped around the torso of the wearer,

at least one male fastening means on one of said lateral segments,

at least one male fastening means at the distal end of said second portion,

such that when said lateral segments are in overlapped position and said second portion is folded over said overlapped portions, said male fastening means engages said female surface of said first portion,

wherein said absorbent article has a relaxed width (B) between 20 to about 100 percent of the width of said absorbent article when fully stretched.

41. An absorbent article as in claim 40 wherein said second portion has a top surface and a rear surface and wherein said fastening means at the distal end of said second portion are located on the top surface thereof.

42. An absorbent article as in claim 40 or 41 wherein each of said lateral segments comprises at least one landing zone made of a material that is permeable to moisture, vapor and oxygen.

43. An absorbent article as in claim 40 or 41 wherein each of said lateral segments comprises a perforated landing zone.

44. An absorbent article as in claim 42 or 43 wherein the length of each of said landing zones is equal to or less than the length of the respective lateral segment on which said landing zone is located.

45. An absorbent article as in claim 42 or 43 wherein the width of one of said landing zones is equal to or greater than the width of the other landing zone.

46. An absorbent article as in claim 42 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left and right segments have widths at least about 1 inch and lengths of at least 1 inch.

47. An absorbent article as in claim 43 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left segment has width of from about 8 to about 15 inches and a length of about 1 to about 7 inches, and wherein the landing zone on said right segment has a width of from about 10 to about 20 inches and a length of from about 1 to about 7 inches.

48. An absorbent article as in claim 46 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

49. An absorbent article as in claim 47 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

50. An elastic absorbent article as in claim 42 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

51. An elastic absorbent article as in claim 43 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

52. An elastic absorbent article as in claim 50 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waistband is about 0 to about 3 inches.

53. An elastic absorbent article as in claim 51 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waist band is about 0 to about 3 inches.

54. An absorbent article as in claim 40 wherein each of said tape tabs is provided with at least one numerical indicia, with tape tab on one of the lateral segments being provided with the numeral 1, and the tape tabs on the insert being provided with the numerals 2 and 3, thereby defining the order of wearing the article.

55. An absorbent article as in claim 41 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

56. An absorbent article as in claim 42 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

57. An absorbent article as in claim 43 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

58. An absorbent article as in claim 44 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

59. An absorbent article as in claim 45 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

60. An absorbent article as in claim 46 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

61. An absorbent article as in claim 47 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

62. An absorbent article as in claim 48 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

63. An absorbent article as in claim 49 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

64. An absorbent article as in claim 50 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

65. An absorbent article as in claim 51 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

66. An absorbent article as in claim 52 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

67. An absorbent article as in claim 53 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

68. An absorbent article as in claims 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66 or 67 wherein each of said landing zones comprises a visible indicator zone in the general form of a band of about 1 to about 7 inches in length generally centrally disposed on said landing zone such that each of said male tape tabs can be adhered to said band in the numerical order designated on each of said tabs for the order of wearing said article.

69. An absorbent article as in claim 68 wherein said visible indicator zone contains a pigment.

70. An absorbent article as in claim 69 wherein said pigment is photo, infrared or ultraviolet light sensitive.

71. An absorbent article as in claim 40 wherein said second portion is generally contoured and comprises a coversheet, a backsheet and an absorbent core layer disposed between said coversheet and said backsheet, wherein said second portion has a front width A' of from about 16 to about 25 inches, and said absorbent core layer having a length E of from about 20 to about 40 inches and contains up to about 60 percent by weight superabsorbent polymer (SAP) and up to 40 percent by weight hydrophilic fibers.

72. An absorbent article as in claim 40 wherein the front width A' of said second portion is about equal to or less than the width A'' of the back width.

73. An absorbent article as in claim 40 wherein the width A' of said second portion is about equal or greater than 15 inches.

74. An absorbent article as in claim 40 wherein the length A of said second portion is about equal to or less than the overall width B of said chassis.

75. An absorbent article as in claim 40 wherein each of the lateral segments of said first portion is from about 2 to about 15 inches long and from about 10 to about 30 inches wide.

76. An absorbent article as in claim 40 further comprising waist cuffs and sides barrier cuff.

77. An absorbent article as in claim 40 wherein the width A' of said insert is from about 20 to about 100 percent of said width when fully stretched.

78. An absorbent article as in claim 40 wherein the relaxed width A of said second portion is from about 10 to about 100 percent of said width when fully stretched.

79. An elasticated absorbent article having a chassis comprising two portions, a first waist portion and a second insert portion which together define a generally T-shaped configuration when said chassis is viewed in stretched position; said first waist portion having opposed lateral segments adapted to be wrapped around the waist of a wearer of said article, said second portion having a distal end having at least one tape tab, and a proximal end, disposed generally vertically relative to said first waist portion and adapted to be passed under the crotch of the wearer and folded upwardly and over said waist portion such that the tape tab at the distal end of said second portion is adhered to one of said lateral segments;

said chassis further comprising a tape tab disposed near the end of one of said lateral segments, said tape tab having a first portion for fastening said tape tab to said lateral segment, and a second portion permanently attached to a surface of said lateral segment away from the skin of the wearer of said diaper, said first portion having a top adhesive-covered surface and an opposed bottom backing sheet; a release tape having a top surface coated with a release compound and an opposed bottom adhesive surface wherein a portion of said release tape is attached to said first portion of said tape tab, and another portion of said release is adhered to a lateral segment of said diaper,

wherein said absorbent article has a relaxed width (B) between about 20 to about 90 percent of the width of said absorbent article when fully stretched.

80. An absorbent article as in claim 79 wherein said second portion has a top surface and a rear surface and wherein said fastening means at the distal end of said second portion are located on the top surface thereof.

81. An absorbent article as in claim 79 or 80 wherein each of said lateral segments comprises at least one landing zone made of a material that is permeable to moisture, vapor and oxygen.

82. An absorbent article as in claim 79 or 80 wherein each of said lateral segments comprises a perforated landing zone.

83. An absorbent article as in claim 81 or 82 wherein the length of each of said landing zones is equal to or less than the length of the respective lateral segment on which said landing zone is located.

84. An absorbent article as in claim 81 or 82 wherein the width of one of said landing zones is equal to or greater than the width of the other landing zone.

85. An absorbent article as in claim 81 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left and right segments have widths at least about 1 inch and lengths of at least 1 inch.

86. An absorbent article as in claim 4 wherein said opposed lateral segments comprise a left segment and a right segment, and wherein the landing zone on said left segment has width of from about 8 to about 15 inches and a length of about 1 to about 7 inches, and wherein the landing zone on said right segment has a width of from about 10 to about 20 inches and a length of from about 1 to about 7 inches.

87. An absorbent article as in claim 85 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

88. An absorbent article as in claim 86 wherein the width of the left landing zone is about 8.25 inches to about 15 inches and the distance between the outer edge of said left landing zone and left ear segment is about 6 to about 11 inches, and the distance between the outer edge of said right landing zone and the outer edge of said right segment is from about 0 to about 13 inches.

89. An elastic absorbent article as in claim 81 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

90. An elastic absorbent article as in claim 82 further including elastic waistband wherein said elastic waistband has a centerline which coincides with a line drawn through the center of said landing zone.

91. An elastic absorbent article as in claim 89 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waistband is about 0 to about 3 inches.

92. An elastic absorbent article as in claim 90 wherein the distance between the line drawn between the center line of each of said landing zone and the line drawn through the center of said elastic waist band is about 0 to about 3 inches.

93. An absorbent article as in claim 79 wherein each of said male tape tabs is provided with at least one numerical indicia, with tape tab on one of the lateral segments being provided with the numeral 1, and the tape tabs on the insert being provided with the numerals 2 and 3, thereby defining the order of wearing the article.

94. An absorbent article as in claim 80 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

95. An absorbent article as in claim 81 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article

96. An absorbent article as in claim 82 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

97. An absorbent article as in claim 83 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

98. An absorbent article as in claim 84 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

99. An absorbent article as in claim 85 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

100. An absorbent article as in claim 86 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

101. An absorbent article as in claim 87 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

102. An absorbent article as in claim 88 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

103. An absorbent article as in claim 89 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

104. An absorbent article as in claim 90 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

105. An absorbent article as in claim 91 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

106. An absorbent article as in claim 92 wherein each of said male tape tabs is provided with at least one numerical indicia, with the tape tab on one of the lateral segments being provided with the numeral 1, and the tape tab on the insert are provided with the numeral 2 or 3 thereby defining the order of wearing the article.

107. An absorbent article as in claims 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100, 101, 102, 103, 104, 105, 106 or 107 wherein each of said landing zones comprises a visible indicator zone in the general form of a band of about 1 to about 7 inches in length generally centrally disposed on said landing zone such that each of said male tape tabs can be adhered to said band in the numerical order designated on each of said tabs for the order of wearing said article.

108. An absorbent article as in claim 107 wherein said visible indicator zone contains a pigment.

109. An absorbent article as in claim 108 wherein said pigment is photo, infrared or ultraviolet light sensitive.

110. An absorbent article as in claim 79 wherein said second portion is generally contoured and comprises a coversheet, a backsheet and an absorbent core layer disposed between said coversheet and said backsheet, wherein said second portion has a front width A' of from about 16 to about 25 inches, and said absorbent core layer having a length E of from about 20 to about 40 inches and contains up to about 60 percent by weight superabsorbent polymer (SAP) and up to 40 percent by weight hydrophilic fibers.

111. An absorbent article as in claim 79 wherein the front width A' of said second portion is about equal to or less than the width A'' of the back width.

112. An absorbent article as in claim 79 wherein the width A' of said second portion is about equal or greater than 15 inches.

113. An absorbent article as in claim 79 wherein the length A of said second portion is about equal to or less than the overall width B of said chassis.

114. An absorbent article as in claim 79 wherein each of the lateral segments of said first portion is from about 2 to about 15 inches long and from about 10 to about 30 inches wide.

115. An absorbent article as in claim 79 further comprising waist cuffs and sides barrier cuff.

116. An absorbent article as in claim 79 wherein the width A' of said insert is from about 20 to about 100 percent of said width when fully stretched.

117. An absorbent article as in claim 79 wherein the relaxed width A of said second portion is from about 10 to about 100 percent of said width when fully stretched.

118. An absorbent article as in claim 1 wherein each tape tab located at the end of said lateral segments is fastened to the tape tab at the distal end of said second portion located at the same side as said tape tab on the lateral segment.

119. An absorbent article as in claim 1 wherein said first portion comprises a pair of opposed lateral segments on the front and rear of said first portion.

120. An absorbent article as in claim 1 wherein each of said lateral segments comprises at least three elastic zones.

121. An absorbent article as in claim 1 wherein said article comprises inwardly folded crotch cuffs secured together adhesively.

122. An absorbent article as in claim 1 wherein said article comprises outwardly folded crotch cuffs secured together adhesively.

123. An absorbent article as in claim 40 wherein each tape tab located at the end of said lateral segments is fastened to the tape tab at the distal end of said second portion located at the same side as said tape tab on the lateral segment.

124. An absorbent article as in claim 40 wherein said first portion comprises a pair of opposed lateral segments on the front and rear of said first portion.

125. An absorbent article as in claim 40 wherein each of said lateral segments comprises at least three elastic zones.

126. An absorbent article as in claim 40 wherein said article comprises inwardly folded crotch cuffs secured together adhesively.

127. An absorbent article as in claim 40 wherein said article comprises outwardly folded crotch cuffs secured together adhesively.

128. An absorbent article as in claim 79 wherein each tape tab located at the end of said lateral segments is fastened to the tape tab at the distal end of said second portion located at the same side as said tape tab on the lateral segment.

129. An absorbent article as in claim 79 wherein said first portion comprises a pair of opposed lateral segments on the front and rear of said first portion.

130. An absorbent article as in claim 79 wherein each of said lateral segments comprises at least three elastic zones.

131. An absorbent article as in claim 79 wherein said article comprises inwardly folded crotch cuffs secured together adhesively.

132. An absorbent article as in claim 79 wherein said article comprises outwardly folded crotch cuffs secured together adhesively.